



# Breast Cancer Awareness Month NUTRITION CLASS



PRESENTED BY  
**THE SOURCE FUNCTIONAL NUTRITION**

Join us Live on Zoom!  
Friday, October 27th | 4 PM PST

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In this class, you will learn about the powerful phytonutrients contained in fruits and vegetables and how to incorporate these cancer-fighting foods into your everyday diet. We will demonstrate easy and delicious recipes that you can prepare in minutes.

